



Rtn. Francesco Arezzo  
RI President

Rtn. K Palaksha  
District Governor

Rtn. Amit Aravind  
Assistant Governor

Rtn. Smitha Kamath  
Zonal Lieutenant

Rtn. Shashikala Rajavarma  
Club President

Rtn. Vanishree Rao  
Club Secretary

Rtn. Rathnakar Udyavar  
Club Treasurer

Rtn. Divyashree M S  
Rtn. Sajani Shirali  
Concord Editors

### Avenue Directors

Rtn. Dr Shubha H S  
Club Service

Rtn. Nagaraj Shetty  
Vocational Service

Rtn. B Karunakar Shetty  
Community Service

Rtn. Subhas Bangera  
International Service

Rtn. Rtn. Dr Girija A  
New Generation Service

### District Projects

Clean Environment for Good Health

Awareness to Road Safety

Education with Legal Awareness

Go Green and Save Water

### THE 4-WAY TEST

Of the things we think, say or do

- Is it the TRUTH ?

- Is it FAIR to all concerned ?

- Will it build GOODWILL and BETTER FRIENDSHIPS ?

- Will it be BENEFICIAL to all concerned ?

## Messages

### **Rtn. MPHF K. Palaksha**

District Governor  
RI District 3182



It gives me immense pleasure to know that the Special issue of the News Bulletin Concord is being released by the Rotary Club of Manipal during my Official Visit to the club.

A club bulletin is a reflection of its vision, vibrancy, and commitment to the ideals of Rotary International. It serves as a powerful medium to document projects, celebrate achievements, and strengthen communication among members.

I appreciate the President, Secretary, Editor, and all members of the club for their dedicated efforts in bringing out this bulletin. Your commitment to service and fellowship truly embodies the spirit of Rotary.

I am confident that the club will continue to take up meaningful projects and contribute significantly towards the goals of our District and Rotary International.

My best wishes to the entire team of Rotary Club of Manipal for continued success in all your endeavors.

### **Rtn. MPHF K. Palaksha**

District Governor  
RI District 3182

**Rtn Amit Aravind**

**Assistant Governor-Zone 4, 2025-26**

**Proud Member, Rotary Club of Manipal**

Good evening everyone,

It is also my privilege to warmly welcome our District Governor, K. Palaksha Sir, to Zone 4 and to my home club, Manipal. We are honored to have you with us today, sir.

First of all, I would like to wholeheartedly congratulate President Rtn. Shashikala Rajavarma and Secretary Rtn. Vanishree Roa for a successful seven-month journey in Rotary. As you now step

into one of the biggest milestones of your tenure — the District Governor’s Official Visit — it is truly a proud moment for the club and for our entire Zone 4.

The past few months have been remarkable. The way you have showcased women power in Rotary is truly inspiring. Under your leadership, the club has executed a record number of impactful projects. Your commitment, planning, and execution have been outstanding. Please continue this excellent work and your dedicated service to the community.

I would also like to sincerely thank you for hosting the very first program of our zone — the Monthly Review Meeting in August — which was extremely well organized. Additionally, taking up two major district events, the District RYLA and the District Rotaract Assembly & Training Seminar, reflects the capability and confidence of this club.

Last month’s World Understanding Day program was another proud moment. With record participation and wonderful execution, it beautifully demonstrated the unity of Zone 4 and Zone 3.

Once again, congratulations to the entire Team Manipal for your continuous support to Zone 4. I am truly proud to be a member of this dynamic and vibrant club. Let us continue this momentum and keep serving our community with passion and unity.

Thank you very much.

Let us unite for good and continue to create lasting impact.

Best Regards

Yours in Rotary

Rtn Amit Aravind



**Rtn. Smitha Kamath**

**Zonal Lieutenant**

Rotary club Manipal has been the number one in all aspects and so it was this year. President Rtn Shashikala Raja Varma and Secretary Rtn Vanishree have executed a huge task of maintaining the legacy and taking it forward. May your Bulletin Concord reflect your hard work and gain more public image. As a Zonal Lieutenant of RC Manipal, my experience was great as I could exchange knowledge. The humble approach of the senior and experienced members gave me a chance to grow. I wish the President, secretary and the entire team of RC Manipal, the best

Yours in Rotary

Smitha Kamath



**Rtn. Shashikala Rajavarma**  
**President**  
**Rotary Club Manipal**



It is a proud moment for the Rotary Club of Manipal to welcome our respected District Governor Rtn. Palaksha K on his Official Visit. His presence inspires us to reflect on our journey and renew our commitment to meaningful service.

I sincerely thank our Assistant Governor Rtn. Amit Aravind for his constant guidance and encouragement. My appreciation also goes to our Zonal Lieutenant Rtn. Smitha Kamath, and Zonal Learning Facilitator Rtn. Dr. Ganesh A for their leadership and support to our Zone and Members.

Heartfelt thanks Secretary Rtn Vanishree and to all our RC Manipal Rotarians for their dedication. I remember with gratitude our generous donors whose support makes our service projects impactful and sustainable.

Let us continue to uphold Rotary's spirit of Service Above Self with unity and purpose.  
Let us all **UNITE FOR GOOD**

**Rtn. Shashikala Rajavarma**

**Rtn. Vanishree Rao**  
**Secretary**  
**Rotary Club Manipal**



Dear Fellow Rotarians,

It is with great pleasure and pride that we extend warm welcome to our District Governor Rtn. MPH K Palaksha on the official visit to Rotary Club Manipal. As Secretary, I am privileged to see the behind-the-scenes magic of our club—the passion, the teamwork, and the tireless efforts of our members. Today's visit by the DG is a celebration of 2025-26 theme "Unite for Good". Let us pledge to make our club more vibrant, our projects more sustainable, and our service more meaningful. Looking forward to even greater service in the months ahead.

Yours in service,  
Rtn. Vanishree Rao

**Editorial Team**  
**Rotary Club Manipal**

Greetings!

It gives immense pleasure to present this **Special Issue of the Concord of Rotary Club Manipal**. This edition highlights the spirit of service, fellowship, and community engagement that defines Rotary across the world. Rotary has always stood as a beacon of hope, guided by its enduring motto "**Service Above Self.**" Through collective efforts, our members continue to create meaningful impact in areas such as education, healthcare, environmental sustainability, and humanitarian service. Each project, initiative, and gathering reflects the commitment and compassion that unite Rotarians globally.

This special issue captures memorable moments, inspiring service activities, and significant achievements of our club members. It also celebrates the dedication of volunteers whose efforts strengthen our mission and extend Rotary's reach into the community.

As you go through these pages, I hope you feel proud of the difference we are making together and feel inspired to continue serving with passion and purpose.

Let us keep the Rotary wheel turning and continue building stronger communities.

Regards,  
Editorial Team



**Club Service**

**Installation – 6<sup>th</sup> July 2026**



**Past Presidents were recognized for their contributions to RCM**



**Club Service Summary  
(July 2025 to Feb 2026)**

BOD Meeting	6
Club Assembly	4
Fellowship	8
Joint Meetings	4
Regular Meeting	10
Celebrations	7
Special Meeting	3
Workplace Meeting	2
<b>Total</b>	<b>44</b>
Zonal Review Meeting	7



## Celebrations



Friendship Day Celebration



Independence Day Celebration



Navaratri Celebration



Christmas Celebration



Family Picnic



Republic Day Celebration



Thanksgiving to the Major Donors

## Club Service

Sr.No.	Dt - mm/dd/yyyy	Club Service Meetings	Meeting Category
1	2/17/2026	Club Assembly with AG	Club Assembly
2	2/10/2026	Adding to Years with Ayurveda	Workplace Meeting
3	2/3/2026	Safe & Secure Banking	Regular
4	1/27/2026	Thanksgiving to Jaipur Foot Camp Major Donors	Fellowship
56	1/27/2026	Board of Members Meeting 6	BOD
7	1/26/2026	Republic Day Celebration	Celebration
8	1/18/2026	Picnic to Matha Garden Resort	Fellowship
9	1/13/2026	Professionalism in Workplace – 2026 & Beyond	Workplace Meeting
10	1/6/2026	Board of Director Meeting - 5	BOD
11	1/6/2026	Wildlife Conservation	Regular
12	12/30/2025	New Year Celebration	Celebration
13	12/23/2025	Foot Camp Community Impact, Review & Celebration	Regular
14	12/9/2025	Foot Camp Preliminary Meeting	Regular
15	12/2/2025	Short Movie Addressing the needs of Environment	Regular
16	11/25/2025	Club Assembly - 3	Club Assembly
17	11/25/2025	Board of Directors Meeting - 4	BOD
18	11/18/2025	Nrithya Roopaka - Vldhushi Samskiti Prabhakar	Joint Meeting
19	11/12/2025	Joint Meeting with RC Udupi - Fun & Cultural Show	Fellowship
20	11/6/2025	Breakfast Meeting (Joint Meeting with RCMT & IFMR)	Joint Meeting
21	10/28/2025	Cultural Extravaganza	Fellowship
22	10/21/2025	Deepavali at Hosabelaku	Special
23	10/14/2025	Board of Directors Meeting - 3	BOD
24	10/14/2025	Know Your Rotary Family	Special
25	10/7/2025	Organ Donation	Regular
26	9/28/2025	Joyful Hearts Gathering	Fellowship
27	9/23/2025	Shubh Navarathri	Celebration
28	9/16/2025	Club Assembly - 2	Club Assembly
29	9/16/2025	Table Talk	Special
30	9/9/2025	CPR Training - World First Aid Day	Regular
31	9/2/2025	Board of Directors Meeting -2	BOD
32	9/2/2025	Charter day (2), Teacher's day and Onam Celebration	Celebration
33	8/26/2025	Charter Day Celebration - Rewind / Replay	Celebration
34	8/19/2025	Looking beyond the lens-World photography day	Joint Meeting
35	8/15/2025	Independence Day Celebration	Fellowship
36	8/5/2025	Aatid Onji Dina	Celebration
37	8/3/2025	Friendship Day Celebration	Fellowship
38	7/29/2025	Fetal Medicine & Fetal Care	Regular
39	7/29/2025	Board of Directors Meeting 1	BOD
40	7/22/2025	Rotarians on Rotating Wheels	Joint Meeting
41	7/15/2025	Honoring Gracious Journeys	Regular
42	7/8/2025	Brainstorming Session - Club Assembly	Club Assembly
43	7/6/2025	Rotary Club Manipal Installation	Fellowship
44	7/1/2025	Rotary New Year, Healing Hands & Financial Minds	Celebration

## Zonal Events



## District Events



RCM Participation in Zonal Events	
Preliminary Meetings 2025-26 Team Zone 4	
Pre PELS & SELS	
Zonal Membership Seminar (RC Parkala)	23rd Aug
Organ Donation Walkathon RC (Manipal Town)	31st Aug
Zonal Interact Assembly Jnanasiri (RC Aisiri Parkala)	7th Sep
Walkathon World Polio Day (RCMT & Udupi)	23rd Oct
Zonal TRF Seminar (RC Manipal Hills)	24th Oct
Zonal Cultural Event Kalamanjusha (RC Udupi)	2nd Nov
Zonal Sports (RC Manipal Town)	29th & 30th Nov
RCC Conference Sambrama (RC Manipal Hills)	1st Feb
World Peace Day Celebration (RC Manipal & Kalyanpur)	23rd Feb

RCM Participated in District Events	
PELS & SELS	
Installation of Office Bearers 2025-26	8 Clubs of Zone 4
DG Visit (Zone 4)	6 Clubs of Zone 4
Roots Assembly	10th Aug
District Awards Kalyana Sangama	30th & 31st Aug
Road Safety Rally (District Project)	9th Sep
District Seminar Polio Samruddhi, Shimogga	8th & 9th Nov
Dist Cultural Meet Shringavaibhava, Sringeri	23rd Nov
District Rotaract Sports Meet Utsaha, Shankarapura	23rd Nov
District Interact Conference, Kundapur	7th Dec
District Sports, Shimoga	20th & 21st Dec
District Conference Spandana, Hassan	23rd, 24th & 25th Jan

## Vocational Service

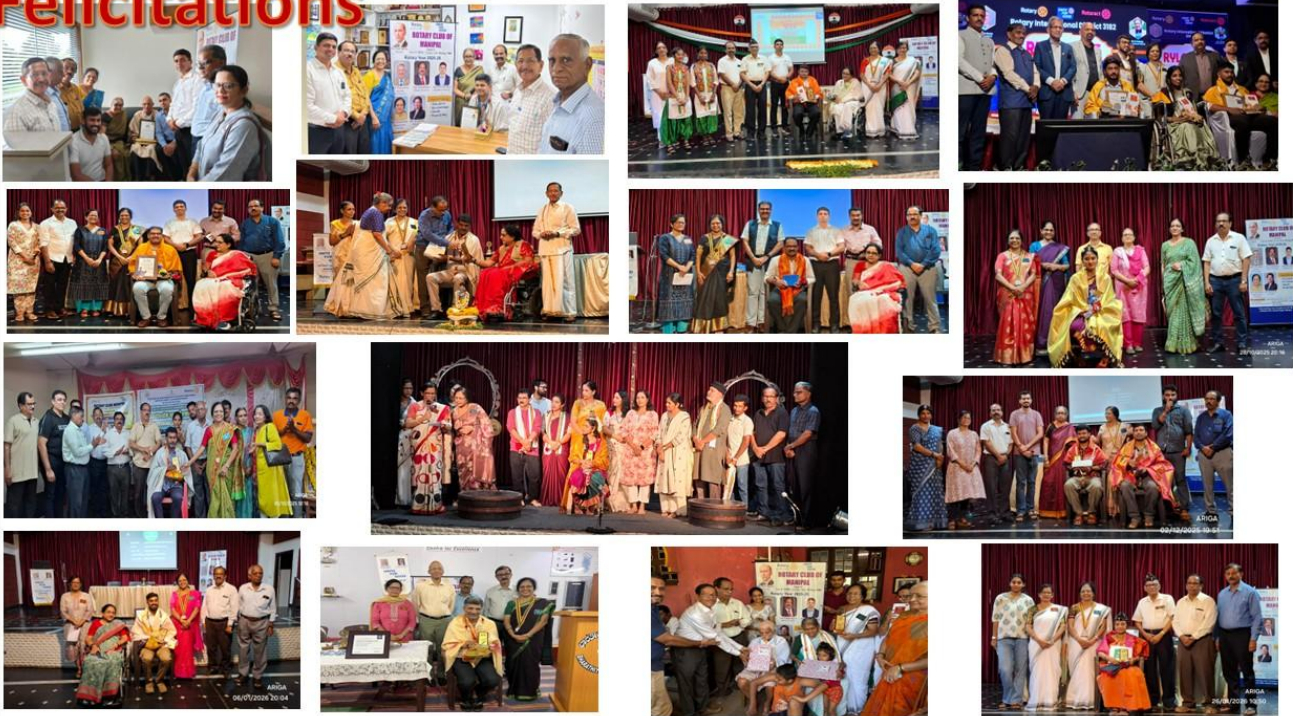
S.N	Project Title
1	Honoring Senior most CA of Udupi Mr. Narasimha Kamath on the occasion of CA Day for completing 60 years of dedicated service as Chartered Accountant
2	Honoring distinguished Doctor on Doctors Day - Dr Vasudenv Bhat for his service in the Pediatric Cancer Department with compassion & care.
3	4-Way Test is Seal on Dictionary & Atlas, Banners, Flyers, Posters
4	Parent Awareness program on Autism - Samveda XII at Baliga Hospital
5	Honoring Ms. Lalitha Poojary in RYLA (Crafts)
6	Honoring Mr. Anurag for Sports in RYLA
7	Honoring Mr. Mohammed Irfan (Community Service)
8	Honoring of COI FEA Rodrigues, an Ex-Sericeman (Army) on Independence Day
9	Honoring Mr. Astro Mohan on World Photography Day for his schievement in Media
10	Honoring Mr. Sudhir Shetty, SKPA President, Udupi (Photography)
11	Honoring Mr. Vasanth Jogi, Teacher, GGPUC, Udupi, for supporting girl students in sports as Physical Educationist
12	Honoring - Easy Life Enterprise representative, dealer of Agricultural Equiment & Services
13	Orientation Program on Career Guidance to students of GGPUC
14	Honoring Vidushi Aditi Mahandale, Bharathanatyia Dancer
15	Honoring Vldhushi Samkriti Prabhakar, Bharathanatyia Dancer
16	Honoring Mr. Prashanth Sagar - Movie Director
17	Honoring Mr. Rangu Samarpan - Cinematographer
18	Honoring Akshay Nagesh Shet - Uchuu Trust Founder, a Wildlife Conservationist & Animal Rescuer
19	Vocational training - Office administration. Financial Management Guidance for BAMS Student
20	Honouring Dr Ashok Kamath, an Educationist
21	Workshop on Professionalism at Workplace - 2026 & Beyond
22	Felicitation of Gopalakrishna & Vasanthi Prabhu, polularly known as "Aja Aji", for passionate service in Catering for more than 50 years with love
23	Honoring Lt Cdr Ms. Geethalakshmi, an Ex-Navy for her service to Nation on Republic Day
24	Teaching & Parenting of Every Child Everywhere by Dr Gururaj Karjagi. Joint program with IMA Karavali Udupi and Baliga Hospital. Awareness Program for Teachers & Parents
25	Workshop for Teachers on Child Psychology. Joint program with Tamate, Sakshi, Baliga Hospital & IMA Udupi Karavali
26	Skill Training program at BVT, Manipal
27	"Footprints of Kannada Theatre" - A Memorial Lecture in the memory of Late Rtn. H N S Rao by Sri Prabhakar GP Tumri at PPC

Honouring	18
4 Way Test(Promotion)	Many
Awareness Program	5
Career Guidance	3



## Vocational Service

# Felicitations



## Community Service / District Projects





Date	Community Service – Project List	Category
04-03-2026	Handing over of 4 Chemo ports to Access Life Centre	
04-03-2026	Handing over Ceremony of Solar Off-grid Power System to Urban Health Center, Udupi	Joint Project
23-02-2026	Dignity in Service – Welfare Support for Frontline Last-Rite Service Workers	CSR Project
22-02-2026	Charity to Swargashrama Old Age Home, kolalagiri	Joint Project
19-02-2026	Skill Training Program for Women at BVT, Manipal	
09-02-2026	2 Incinerator Donation to Hiriyaadka School	
08-02-2025	Teaching & Parenting for Every Child - Workshop to Parents & Teachers by Educationist Dr. Gururaj Karajagi	
30-01-2026	Talk by Police Officer regarding Road Safety	District Project
17-01-2026	Furniture, Cupboard & Water dispenser worth Rs. 2.5 lakh was donated to Zilla Panchayt School, Mannampady, in association with Manipal Dot Net	CSR Project
10-01-2026	Reaching out to the needy vendor - Rotary Club Manipal sponsored a food stall for a poor lady vendor, Ms. Shakunthala, during the Food Carnival organized by POWER	
27-12-2025	Blood Checkup Camp. Free Thyroid Test for 50 patients at Sonia Clinic	
21-12-2025	National Immunization Day - Polio Drops	District Project
16-12-2025	Jaipur Foot Camp (3 days). The initiative aimed at offering free prosthetic limbs and comprehensive rehabilitation support to differently-abled individuals.	Joint Project
15-11-2025	Awareness program on Healthy Living to Students	
29-10-2025	Visit to Srikrishna Balanikethan Orphanage	
25-10-2025	CPR & First Aid Demonstration-NSS Camp, Kukkehalli	Joint Project
21-10-2025	Charity program in Hosabelaku Ashram	
12-10-2025	Comprehensive Health Check Up Camp at Hiriyaadka. There were 117 beneficiaries	Joint Project
08-10-2025	Visit to Vishranthidhama Old Age Home	
05-10-2025	Social Forestry Project. 500 fruit yielding saplings were planted in the forest area of Havanje. Project cost is Rs. 85,000.	District Project
04-10-2025	Birth Control & Vaccination Program for Street Dog	Joint Project
28-09-2025	Charity Project - Krishnanugraha Orphanage	
28-09-2025	Spectacle donation - Kukkehalli	District Project
27-09-2025	HASIRE USIRU, Plantation Program with NSS Students. 125 Saplings were planted	District Project
25-09-2025	Care Givers & Seniors Day Out	Joint Project
21-09-2025	Free Eye Check up Camp at Kukkehalli	District Project
19-09-2025	Awareness Program to School Students on Nutrition, Health & Hygiene by Dr Rajalakshmi	
09-09-2025	Education Support to student Sahil Shetty	
09-09-2025	District Event - Road Safety Awareness Program	District Project
06-09-2025	Autism Spectrum Disorders - Orientation Program	
04-09-2025	Health Checkup camp. Joint Project with GIANTS	Joint Project
03-09-2025	Wheel chair Donation to a special child	
02-09-2025	Arogya Card for Senior Citizens	
02-08-2025	Sapling Plantation - Govt High School, Patla	
02-08-2025	Dustbin Donation - U S M Nayak High School, Patla	
30-07-2025	Health Tips to Pregnant Women by Dr Rajalakshmi	
28-07-2025	Visit to Vishranthi Dhama - Old Age Home	
22-07-2025	Tree Plantation & Awareness Prog @ Athrady School	
17-07-2025	Environment Day Celebration at Aasare	

Date	Community Service – Project List	Category
16-07-2025	Distribution of Dictionaries & Atlas to Schools. 432 Dictionaries & 176 Atlas were distributed to students of 17 Kannada Medium Schools in and around Udupi & Manipal in the month of July 2025. Training was given to students to use these books.	
13-07-2025	Paddy Transplantation Drive (Environment)	
13-07-2025	Blood Donation Camp in Sonia Clinic. 51 units of blood collected. 40 Members donated blood, including 15 Rotarians	District Project
06-07-2025	Road Safety Sticker (District Project Road Safety)	District Project
06-07-2025	Seed ball Distribution to students	District Project
06-07-2025	Scholarship to Students-District Project Education	District Project
06-07-2025	Farmer Support (District Project Environment)	District Project
06-07-2025	Hearing Aid Donation (District Project: Health)	District Project
06-07-2025	Vanamahotsava (District Project Environment)	District Project
03-07-2025	Computer Donation to School	



## New Generation Service





Date	List of Major Projects – New Generation Services
24-01-2026	Blood Donation Drive by RAC Manipal under the guidance of Rtn. Col Madhav Shanbhag
22-01-2026	CPR Training - RAC TMA Pai Polytechnique, Manipal. Joint project - RCM, RAC TMA Pai Polytechnique & RAC Muniyal Ayurveda College
12-01-2026	Road Safety Week 2026 12th to 18th January. All our Interact Schools conducted various activities under the guidance of Interact Co-ordinators
03-01-2026	Campus cleaning drive at MIT Manipal & surrounding conducted with the support of RCM
07-12-2025	District Interact Conference 2025-26. 15 students from our two Interact Schools participated
03-12-2025	RCM arranged for Movie Screening of "Kauthuka", a short movie which conveyed message on the importance of environment protection in 4 schools of Manipal & Udupi
29-11-2025	Cyber Crime Awareness Program - Indiranagar School by Rtn. Yashwnath & Ann Yogeshwari
23-11-2025	All our Rotaract Clubs participated in District Sports Meet - Utsaha and won several prizes
22-11-2025	Revealing T-shirt for the District Sports Meet, Inugration by RCM President Rtn. Shashikala Rajavarma
15-11-2025	Interact Club Christ School in Association with Rotary Club Manipal organized Cyber Security & Road Safety Awareness Program.
23-10-2025	Rotaract Club of Muniyal performed a street play on Polio Eradication at Interact Hall MAHE Manipal, on account of World Polio Day, for the Inagrual Program of Walkathon hosted by RC Manipal Town & RC Udupi. It was a Zonal Event
12-10-2025	All the RCM sponsored Rotaract Clubs participated in Coast to Coast 4.0 - Beach Cleaning Mega Event with support of RCM.
05-10-2025	Rotaracters from RAC SDMAUC and Muniyal Ayurvedic College took part in the District Sports Meet "Kreedaa" hosted by RAC Karkalaand won prizes
30-09-2025	Dol Bhaje a fund aising event conducted -RAC MAHE
28-09-2025	Mega Cloths Donation drive was conduced jointly by RAC MAHE & RCM
19-09-2025	Awareness session on the impotence of Ayurveda, street play & rallies were conducted on the occasion of Ayurveda Day by RAC Muniyal & SDM
17-09-2025	Plantation Drive at MIT, Manipal under leadership of Rtn Col Madhav Shanbhag
10-09-2025	RCM sponsored Trophies & Medals for GGPUc, Udupi SPorts Tournament
08-09-2025	Interact School GGPUc Udupi conducted activities related to Best out of waste
08-09-2025	Bilingual story books were distributed to Sagri School & Saralebettu School students on Literacy stage in order to encourage them for reading habbit
07-09-2025	Jnanasiri - District Interact Assembly. 102 students participated from our Interact Schools. MKS, Manipal students staged a street play.
29-08-2025	Orientation program at TMA Pai Polytechnic, Manipal on leadership. There were nearly 350 students who attended the session.
29-08-2025	Talk on Health & Hygiene in Teenage Girls at GGPUc, Udupi by Dr.Rajalaksmi
28-08-2025	Orientation Program at MKS Manipal. A brainstorming session was facilitated on team building, project planning and leadership.
27-08-2025	Vighnaharta Utsav & Vikasini - RAC MAHE
23-08-2025	Medicinal Plant Plantation - 4 Clubs Joint Project
16-08-2025	Chit Chat on Health for Teenagers at Board High School, Udupi
15-08-2025	Prize distribution to the essay winners on Independence Day
12-08-2025	Tree plantation program by RAC SDMC
10-08-2025	ROOTS 2025 & District Assembly
09-08-2025	Orientation & Project Planning for the year at Christ School Manipal Interact Club
09-08-2025	More than 200 students participated in District Project RYLA hosted by RC Manipal
06-08-2025	Street play on breast feeding - RAC SDMUAC

## New Generation Service

Date	List of Major Projects – New Generation Services
04-08-2025	Essay Competition for Interact Clubs on "Unite for Good"
03-08-2025	Visit to Asare Rehabilitation Centre by RAC MAHE
03-08-2025	Visit to old age home on friendship day by RAC SDM
03-08-2025	Plantation drive by Muniyal Ayurvedic College
01-08-2025	Zoom Meet with Interact Chairmen and Teachers
27-07-2025	Sanskriti Setu Cultural Exchange Program (International)
26-07-2025	Organized session conducted on misuse of drugs at Board High School, Udupi
20-07-2025	Installation Rotaract Manipal Central
19-07-2025	Vanamahostsava at Interact Schools
19-07-2025	Sensitising Interactors to Autistic Children-MPUC
3rd Sat of every month	Shanivara Sambrama - No Bag Day at Sagri School - An ongoing monthly program in association with Craftsmantra (Ongoing project of the year). Resource person is identified for awareness talk to students.
Jul & Aug 2026	Installation of 9 Interact Clubs & 6 Rotaract Clubs

### Installation – Interact Clubs

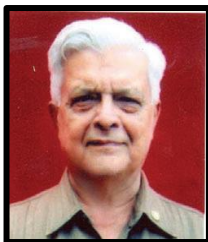
Board High School, Udupi  
SV High School, Kudi, Udupi  
MPUC, Manipal - High School Section  
MPUC, Manipal - PU Section  
Govt. Girls PU College, Udupi – High School Section  
Govt. Girls PU College, Udupi – PU Section  
Madhav Kripa School, Manipal  
Christ School, Manipal  
Govt. High School, Malpe

### Installation – Rotaract Clubs

SDMCA Ayurveda, Kuthpadi  
Manipal Central, Manipal  
MAHE, Manipal  
MIT, Manipal  
Dr. TMA Pai Polytechnic College, Manipal  
Muniyal Ayurvedic College, Manipal

## International Services - TRF Contributions

### Major Donors



PDG Dr H Shantharam



PDG Dr. Jayagowri



Rtn. Dr Girija



Rtn. K S Jaivittal



Dr. Shubhageetha

### PHS Members



PDG Dr. Jayagowri



Rtn. Dr Girija



Rtn. K S Jaivittal



Rtn. Amit Aravind



PHF+8



PHF+1

### Elevation

## TRF Contributions

Sl. No.	PHF List	Rotary ID	Recognition Level
1	Subhash Bangera	11519249	PHF
2	Varadaraj Bhat	10832425	PHF
3	Virupaksha Devaramane	8934875	PHF
4	Vijay Fernandes	12141670	PHF
5	P.R. Karanth	8265506	PHF
6	Mahalasa Kini	10751771	PHF
7	Nalini V Nair	11037550	PHF
8	Lakshmi Meghana Ponnaveolu	10088349	PHF
9	Shashikala Rajavarma	11152917	PHF
10	Indira N. Rao	1883956	PHF
11	Nagesh Kumar G. Rao	4904326	PHF
12	Sarala H.S. Rao	11326262	PHF
13	Nirmala Shenoy	6529778	PHF
14	Hema Shetty	6209555	PHF
15	Nausha Shetty	11715587	PHF
16	Rohit Kumar Shetty	8712876	PHF
17	P Sripathy	6407099	PHF
18	Roshan Denzil Sumithra	11927890	PHF
19	Nagaraja U. Tantry	8107998	PHF
20	V. Vijayalaxmi	8351428	PHF
21	Jayaraj V. Shetty	6763231	PHF
22	Rajavarma Ariga	8712879	PHF+1
23	Premaleela B. Bhat	8401557	PHF+1
24	Shubha Hanasoge Seshagiri Rao	6037003	PHF+1
25	Prashanth M Hegde	8934897	PHF+1
26	Rooma Iyengar	8610804	PHF+1
27	Renu Jayaram	6407093	PHF+1
28	N. Geetha Kausik	8586118	PHF+1
29	Divakar R Kini	5731887	PHF+1
30	Kusuma Pai	6407100	PHF+1
31	Shyla S. Rao	6859309	PHF+1
32	Madhava M. Shanbhag	5247664	PHF+1
33	B Karunakar Shetty	6357379	PHF+1
34	Nagaraj K. Shetty	3336542	PHF+1
35	Padmakar N. Nayak	1733802	PHF+2
36	Srikanth Prabhu	8435705	PHF+2
37	I. V. Sharma	5731880	PHF+2
38	Girija Appadwedula	6407089	PHF+8
39	Amit Aravind	8437446	PHF+8
40	Jayagowri Hadigal	5731877	PHF+8
41	K. S. Jaivittal	3409555	PHF+8
42	H. Shantharam	221361	PHF+8

**Total PHFs is 42, (including 21 Multiple PHFs)**

## International Service – Flag Exchanges



22-07-2025	Flag Exchange - RC Indiranagar, Bangalore
05-08-2025	Flag Exchange - RC Nagpur Downtown
31-08-2025	Flag Exchange - RC Hassan
31-08-2025	Flag Exchange - RC Sringeri
24-09-2025	Flag Exchange - RC Mangalore Hill Side
13-10-2025	Flag Exchange - RC Sydney, Australia (RI Dist 9675)
28-10-2025	Flag Exchange - Rtn. Prof Oyvind Okland, RC Volda, Norway, RI Dist 2250.
06-11-2025	Flag Exchange with IFMR Team

Flag Exchanges	National & International	8
Cultural Exchange programs	By Rotaractors	2
Laughter Yoga Session in Sydney	Rtn. Karnukar Shetty	1

### TRF Contributions



### Laughter Yoga Session in Sydney by Rtn. Karunakar Shetty



ವಿಜಯ ಕರ್ನಾಟಕ ON SUNDAY

ಭಾನುವಾರ, 20 ಜುಲೈ 2025, ಮಂಗಳೂರು

ಮಕ್ಕಳಿಗೆ ಶಬ್ದ ಕೋಶ, ಅಟಾನ್ಸ್ ವಿತರಣೆ



ಮಣಿಪಾಲ ರೋಟರಿ ಕ್ಲಬ್ ವತಿಯಿಂದ ಶೈಕ್ಷಣಿಕ ಪರಿಕರಗಳನ್ನು ವಿತರಿಸಲಾಯಿತು.

ಸೋನಿಯಾ ಕ್ಲಿನಿಕ್: 8ನೇ ವರ್ಷದ ರಕ್ತದಾನ ಶಿಬಿರ



ಮಣಿಪಾಲ ರೋಟರಿ ಕ್ಲಬ್ ವತಿಯಿಂದ ಸೋನಿಯಾ ಕ್ಲಿನಿಕ್‌ನಲ್ಲಿ 8ನೇ ವರ್ಷದ ರಕ್ತದಾನ ಶಿಬಿರವು ನಡೆಯಿತು.

ಮಣಿಪಾಲ ಪದವಿಪೂರ್ವ ಕಾಲೇಜು ಇಂಟರ್ಯಾಕ್ಟ್ ಕ್ಲಬ್ ಪದಪ್ರದಾನ



ಮಣಿಪಾಲ ಪದವಿಪೂರ್ವ ಕಾಲೇಜು ಪ್ರೌಢಶಾಲಾ ವಿಭಾಗದ ಇಂಟರ್ಯಾಕ್ಟ್ ಕ್ಲಬ್ ಪದಪ್ರದಾನ ಮೆಮೋರಾಂಡಂ.



ಮಣಿಪಾಲ, ಕೆ. 3: ರಸ್ತೆ ಸುರಕ್ಷತೆಯ ಬಗ್ಗೆ ಮಣಿಪಾಲ ಪರಿಷರದ ನಾಗರಿಕರಿಗೆ ಜಾಗೃತಿ ಮೂಡಿಸುವ ನಿಟ್ಟಿನಲ್ಲಿ ಮಣಿಪಾಲ ರೋಟರಿ ವತಿಯಿಂದ ರೋಟರಿ ಹಾಲ್ ಸುರಕ್ಷತಾ ಅಭಿಯಾನಕ್ಕೆ ಕೈಜೋಡಿಸಿದಾಗ ಹೆಚ್ಚಿನ ಪರಿಣಾಮ ಬೀರುತ್ತದೆ ಎಂದರು.



ಮಣಿಪಾಲ, ಕೆ. 6: ಶ್ರೀ ಕೆ.ಆರ್.ಧರ್ಮಸ್ಥಾನ ಗ್ರಾಮಾಭಿವೃದ್ಧಿ ಯೋಜನೆ ಅಡಿಯಲ್ಲಿ ಬಿ.ಪಿ.ಆರ್. ಕಾಲೇಜು ಮಹಿಳಾ ಶಿಕ್ಷಣ ಕೇಂದ್ರದಲ್ಲಿ ಸಾಂಸ್ಕೃತಿಕ ಕಾರ್ಯಕ್ರಮ ನಡೆಯಿತು.

ಉದಯವಾಣಿ ಸುದಿನ

ಮಕ್ಕಳ ಮಾರಕ, ದೀರ್ಘಕಾಲೀನ ಕಾಯಿಲೆ ನಿರ್ವಹಣೆಗೆ ಪಿಪಿಸಿ ತುಂಬಾ ಸಹಾಯಕಾರಿ

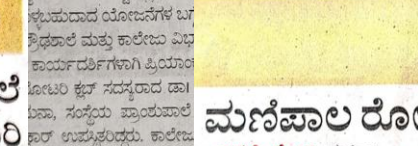


ಮಣಿಪಾಲ, ಕೆ. 21: ಇಲ್ಲಿನ ರೋಟರಿ ಭವನದಲ್ಲಿ ರೋಟರಿ ವಾರದ ಸಭೆಯಲ್ಲಿ ಪೀಡಿಯಾಟ್ರಿಕ್ ಸ್ಪಾಲಿಯೇಟಿಸ್ ಕೇರ್ (ಪಿಪಿಸಿ) ಬಗ್ಗೆ ಮಾಹಿತಿ ಕಾರ್ಯಕ್ರಮ ನಡೆಯಿತು.



ಮಕ್ಕಳ ಸ್ಪಾಲಿಯೇಟಿಸ್ ಕೇರ್ ತಜ್ಞ ಡಾ. ಅರ್ಚನಾ ಅಯ್ಯಂಗಾರ್ ಮಾತನಾಡಿ, ಮೂಲಕಾಂಡಿಕ ಕಾಯಿಲೆಯಿಂದ ಬಳಲುವ ಮಕ್ಕಳಿಗಾಗಿ ಒದಗಿಸುವ ಉತ್ತಮವಾದ ಆರೈಕೆ ಅಥವಾ ಸ್ಪಾಲಿಯೇಟಿಸ್ ಕೇರ್ ಬಗ್ಗೆ ಪ್ರಾಥಮಿಕ ಮಾಹಿತಿ ಎಲ್ಲರಿಗೂ ಅಗತ್ಯ. ಪ್ರತಿಯೊಬ್ಬರೂ ತಮ್ಮ ಪರಿಸರಲ್ಲಿ ಅಂತಹ ಮಕ್ಕಳಿದ್ದಲ್ಲಿ ಅವರನ್ನು ಭೇಟಿ ಮಾಡುವ ಮತ್ತು ಕುಟುಂಬದವರಿಗೆ ಭಾವನಾತ್ಮಕ ಬೆಂಬಲ ನೀಡುವ ಸಲಹೆಗಳನ್ನು ಕೇಳಿಕೊಳ್ಳುವುದು ಸಹಾಯಕಾರಿ.

ಮಣಿಪಾಲ ರೋಟರಿ: ರಸ್ತೆ ಸುರಕ್ಷತಾ ಜಾಗೃತಿ



ಮಣಿಪಾಲ, ಕೆ. 12: ಮಣಿಪಾಲ ರೋಟರಿ ಕ್ಲಬ್ ಮೂಲಕ ರಸ್ತೆ ಸುರಕ್ಷತಾ ಜಾಗೃತಿ ಕಾರ್ಯಕ್ರಮ ಇತ್ತೀಚೆಗೆ ಕೈಗೆತ್ತಿಕೊಳ್ಳಲಾಯಿತು.

ಮಣಿಪಾಲ ರೋಟರಿ: ರಸ್ತೆ ಸುರಕ್ಷತಾ ಜಾಗೃತಿ



ಮಣಿಪಾಲ, ಕೆ. 12: ಮಣಿಪಾಲ ರೋಟರಿ ಕ್ಲಬ್ ಮೂಲಕ ರಸ್ತೆ ಸುರಕ್ಷತಾ ಜಾಗೃತಿ ಕಾರ್ಯಕ್ರಮ ಇತ್ತೀಚೆಗೆ ಕೈಗೆತ್ತಿಕೊಳ್ಳಲಾಯಿತು.



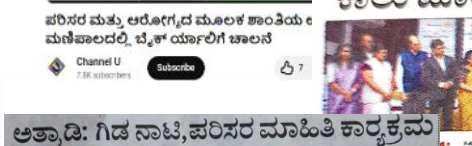
ಮಣಿಪಾಲ, ಕೆ. 21: ಇಲ್ಲಿನ ರೋಟರಿ ಭವನದಲ್ಲಿ ರೋಟರಿ ವಾರದ ಸಭೆಯಲ್ಲಿ ಪೀಡಿಯಾಟ್ರಿಕ್ ಸ್ಪಾಲಿಯೇಟಿಸ್ ಕೇರ್ (ಪಿಪಿಸಿ) ಬಗ್ಗೆ ಮಾಹಿತಿ ಕಾರ್ಯಕ್ರಮ ನಡೆಯಿತು.

ಮಣಿಪಾಲ ರೋಟರಿಗೆ ಲಾರ್ಜ್ ಕ್ಲಬ್ ಶ್ರೇಣಿಯಲ್ಲಿ 'ದ್ವಿತೀಯ ಅತ್ಯುತ್ತಮ ರೋಟರಿ ಕ್ಲಬ್ ಪ್ರಶಸ್ತಿ'



ಮಣಿಪಾಲ, ಕೆ. 17: ರೋಟರಿ ಜಿಲ್ಲೆ 3182 ವತಿಯಿಂದ ವ್ಯಕ್ತಿಸಿದ ಸೇವಾ ವಿಭಾಗಗಳನ್ನು ಅತ್ಯುತ್ತಮ ಕ್ಲಬ್ ಎಂದು ಗುರುತಿಸಲಾಯಿತು.

ಅತ್ರಾಡಿ: ಗಿಡ ನಾಟಿ, ಪರಿಸರ ಮಾಹಿತಿ ಕಾರ್ಯಕ್ರಮ



ಅತ್ರಾಡಿ, ಕೆ. 28: ಗ್ರಾಮಾಭಿವೃದ್ಧಿ ಮತ್ತು ಪರಿಸರ ಸುರಕ್ಷತೆಗಾಗಿ ಅತ್ರಾಡಿಯಲ್ಲಿ ಗಿಡ ನಾಟಿ ಕಾರ್ಯಕ್ರಮ ನಡೆಯಿತು.

ಮಣಿಪಾಲ ರೋಟರಿ: ಜೈವಿಕ ಕಾಲು ಜೋಡಣೆ ಉಚಿತ ಶಿಬಿರ



ಮಣಿಪಾಲ, ಕೆ. 31: ಮಣಿಪಾಲ ರೋಟರಿ ವತಿಯಿಂದ ದೀರ್ಘಕಾಲೀನ ಸಂಸ್ಥೆಯೊಂದಿಗೆ ಸೇರಿ ಜೈವಿಕ ಕಾಲು ಜೋಡಣೆ ಕಾರ್ಯಕ್ರಮ ನಡೆಯಿತು.

ಅತ್ರಾಡಿ, ಕೆ. 28: ಗ್ರಾಮಾಭಿವೃದ್ಧಿ ಮತ್ತು ಪರಿಸರ ಸುರಕ್ಷತೆಗಾಗಿ ಅತ್ರಾಡಿಯಲ್ಲಿ ಗಿಡ ನಾಟಿ ಕಾರ್ಯಕ್ರಮ ನಡೆಯಿತು. ಈ ಸಂದರ್ಭದಲ್ಲಿ ಅತ್ರಾಡಿ ಗ್ರಾಮೀಣ ಸಮಾಜದ ಮಕ್ಕಳು ಮತ್ತು ಹೆಚ್ಚಿನವರು ಭಾಗವಹಿಸಿ ಗಿಡ ನಾಟಿ ಮಾಡಿದರು. ಈ ಸಂದರ್ಭದಲ್ಲಿ ಅತ್ರಾಡಿ ಗ್ರಾಮೀಣ ಸಮಾಜದ ಮಕ್ಕಳು ಮತ್ತು ಹೆಚ್ಚಿನವರು ಭಾಗವಹಿಸಿ ಗಿಡ ನಾಟಿ ಮಾಡಿದರು.

ಮಣಿಪಾಲ ರೋಟರಿ ವತಿಯಿಂದ ದೀರ್ಘಕಾಲೀನ ಸಂಸ್ಥೆಯೊಂದಿಗೆ ಸೇರಿ ಜೈವಿಕ ಕಾಲು ಜೋಡಣೆ ಕಾರ್ಯಕ್ರಮ ನಡೆಯಿತು. ಈ ಸಂದರ್ಭದಲ್ಲಿ ಅತ್ರಾಡಿ ಗ್ರಾಮೀಣ ಸಮಾಜದ ಮಕ್ಕಳು ಮತ್ತು ಹೆಚ್ಚಿನವರು ಭಾಗವಹಿಸಿ ಗಿಡ ನಾಟಿ ಮಾಡಿದರು.

## New Members



<b>New Members</b>
Rtn. Prof Balachandra
Rtn. Dr Swati Shouri
Rtn. Suguna Ramalingam
Rtn. Neetha Setty
Rtn. Subodh Shetty
Rtn. Prema Patil



**251 - Projects**  
**16,362 - Beneficiaries**  
**30,98,375 - Cost**  
**5,910 – Man Hours**  
**75 - Members**  
**7,750 – TRF (\$)**

### Project Summary - Avenue wise (July 2025 to Feb 2026)

Club Service	44
Community Service	49
Vocational Service	27
International Service	13
New Generation Service	84
Public Image	44
<b>Total</b>	<b>255</b>

### Collaborative Partners



**MARCH IS**

**WATER AND SANITATION MONTH**

"Water and sanitation must be clear priorities if we are to create a future that allows everyone to live healthy, prosperous and dignified lives."  
Michel Jarraud

Rotary

TAKE ACTION: Get Involved, Be a People of Action

Rotary Theme of the Month of March 2024-25 is WATER, SANITATION and HYGIENE. What an apt THEME for March, when the blazing sun makes us long for more & more Water, the lifeline of our life! Nature has blessed us with abundant rains, enough waterbodies to quench our thirst. It is our duty to preserve them & to prevent water pollution. Sanitation & Hygiene generally refers to maintenance of hygienic conditions, through services such as garbage collection, waste disposal, water supply, solid waste management, disposal of sewage, clean water etc. Also prevention of diseases, hand washing & personal hygiene, handling menstrual waste etc. Rotary Clubs have always promoted & highlighted these issues .